**Assumption Catering** 





# Inspired Experiences.

# CULINARY FORWARD

Our food is locally sourced and globally inspired to connect you with community and fuel your best work.

# THOUGHTFUL HOSPITALITY

Our people are genuine, passionate, and empowered to do what it takes to make your moment special.

# **PEOPLE & PLANET**

Our common goodness considers the environmental, social, ethical and economic impact of everything we do.

# **INSPIRED EXPERIENCES**

Our experiences create connection and culture, bringing desired and inspired spaces to life.

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VG VEGAN

EW EAT WELL V VEGETARIAN **PF** PLANT FORWARD



# **All-Day Packages**

#### Choose one of these 3 packages to sustain you throughout the day.

### ALL DAY DELICIOUS \$41.29

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 15 guests or more.

#### **DELICIOUS DAWN**

Assorted Muffins **v** Assorted Scones **v** Seasonal Fresh Fruit Platter **vg PF** Assorted Fruit Juice Bottled Water Gourmet Coffee, Decaf and Hot Tea 380-490 Cal each 400-440 Cal each 35 Cal/2.5 oz. serving 100-150 Cal/8 oz. serving 0 Cal each 0 Cal/8 oz. serving

100-200 Cal each

0 Cal/8 oz. serving

0 Cal/8 oz. serving

40-80 Cal each

0 Cal each

#### AM PERK UP

Granola Bars **v** Assorted Yogurt Cups **v** Iced Tea Bottled Water Gourmet Coffee, Decaf and Hot Tea

#### **POWER UP LUNCH**

Tomato and Cucumber Couscous Salad **vg** Orange Fennel Spinach Salad **v Ew** Bakery-Fresh Rolls with Butter **v** Green Beans Gremolata **vg Ew PF** Three Pepper Cavatappi with Pesto **v Ew** 

Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce **EW** 

New York- Style Cheesecake Iced Tea Iced Water

#### **PM PICK ME UP**

Spinach Dip (Hot Or Chilled) with Tortilla Chips **v** Grilled Vegetable Tray **vg ew PF** Bakery-Fresh Brownies **v** Bottled Water Gourmet Coffee, Decaf and Hot Tea 120 Cal/3.75 oz. serving 210 Cal/6.5 oz. serving 160 Cal each 70 Cal/3 oz. serving 270 Cal/7.5 oz. serving

210 Cal/5.75 oz. serving

360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving

230 Cal/2.25 oz. serving 70 Cal/3 oz. serving 250 Cal each 0 Cal each 0 Cal/8 oz. serving

### **MEETING WRAP UP \$34.29**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 15 guests or more.

#### **MORNING MINI**

Miniature Muffins **v** Miniature Danish **v** Miniature Scones **v** Yogurt Parfait Cups **v** Bottled Water Gourmet Coffee, Decaf and Hot Tea

#### THE ENERGIZER

Donut Holes V Ripe Bananas VG EW PF Iced Tea Bottled Water Gourmet Coffee, Decaf and Hot Tea

#### **IT'S A WRAP**

Chicken Caesar Wrap Pepper Jack Tuna Wrap Cran-Apple Turkey Wrap Grilled Vegetable Wrap **V PF** Seasonal Fresh Fruit Salad **VG PF** Choice of One (1) Salad: Traditional Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch **V EW PF** Grilled Vegetable Pasta Salad **VG** Individual Bags of Chips **V** Assorted Craveworthy\* Cookies **V** Bakery-Fresh Brownies **V** Iced Tea Iced Water

#### **MID-DAY MUNCHIES**

Tortilla Chips Choice of Two (2) Salsas: Salsa Roja VG Salsa Verde VG Pico De Gallo VG Choice of One (1) Fruit Accompaniment: Seasonal Fresh Fruit Platter VG PF Assorted Whole Fruit VG EW PF Assorted Craveworthy\* Cookies V Bottled Water Gourmet Coffee, Decaf and Hot Tea 80-120 Cal each 100-140 Cal each 100-110 Cal each 360-410 Cal each 0 Cal each 0 Cal/8 oz. serving

45-70 Cal each 100 Cal each 0 Cal/8 oz. serving 0 Cal each 0 Cal/8 oz. serving

630 Cal each 600 Cal each 660 Cal each 620 Cal each 35 Cal/2.5 oz. serving

45 Cal/3.5 oz. serving 120 Cal/3 oz. serving 100-160 Cal each 210-230 Cal each 250 Cal each 0 Cal/8 oz. serving 0 Cal/8 oz. serving

260 Cal/3 oz. serving

20 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/1 oz. serving

35 Cal/2.5 oz. serving 45-100 Cal each 210-230 Cal each 0 Cal each 0 Cal/8 oz. serving

# All-Day Packages

### **SIMPLE PLEASURES \$27.29**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 15 guests or more.

#### SIMPLE CONTINENTAL

Assorted Donuts **v** Assorted Bagels **v** Orange Juice Bottled Water Gourmet Coffee, Decaf and Hot Tea 240-540 Cal each 290-450 Cal each 120 Cal/8 oz. serving 0 Cal each 0 Cal/8 oz. serving

> 520 Cal each 390 Cal each 520 Cal each 500 Cal each 100-160 Cal each 210-230 Cal each 0 Cal each

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy\* Cookies and Bottled Water

Choice of Two (2) Sandwiches:	
Tuna Salad Ciabatta	
Deli Sliced Ham with Honey Mustard Ciabatta	
Turkey and Swiss Sandwich	
Roasted Pepper and Mozzarella Ciabatta EW PF	
Individual Bag of Chips <b>v</b>	
Assorted Craveworthy® Cookies <b>v</b>	
Bottled Water	

#### **MID-DAY MUNCHIES**

Tortilla Chips Choice of Two (2) Salsas: Salsa Roja **ve** Salsa Verde **ve** Pico De Gallo **ve** Choice of One (1) Fruit Accompaniment: Seasonal Fresh Fruit Platter **ve PF** Assorted Whole Fruit **Ve Ew PF** Assorted Craveworthy\* Cookies **v** Bottled Water Gourmet Coffee. Decaf and Hot Tea 260 Cal/3 oz. serving

20 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/1 oz. serving

35 Cal/2.5 oz. serving 45-100 Cal each 210-230 Cal each 0 Cal each 0 Cal/8 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.





# Breakfast

# **BREAKFAST COLLECTIONS**

All prices are per person and available for 15 guests or more. All appropriate condiments included.

#### **BASIC BEGINNINGS \$7.69**

Choice of One (1) Breakfast Pastry: Assorted Danish **v** Assorted Muffins **v** Assorted Scones **v** Assorted Bagels **v** Buttery Croissants **v** Bottled Water Gourmet Coffee, Decaf and Hot Tea

250-420 Cal each 380-490 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each 0 Cal each 0 Cal/8 oz. serving

250-420 Cal each 380-550 Cal each

400-440 Cal each

290-450 Cal each

35 Cal/2.5 oz. serving

0 Cal/8 oz. serving

290-450 Cal each

280 Cal/9 oz. serving

35 Cal/2.5 oz. serving

0 Cal/8 oz. serving

100-150 Cal/8 oz. serving

100-150 Cal/8 oz. serving

370 Cal each

O Cal each

O Cal each

### QUICK START \$10.59

Choice of Three (3) Breakfast Pastries: Assorted Danish **v** Assorted Muffins **v** Assorted Scones **v** Assorted Bagels **v** Buttery Croissants **v** Seasonal Fresh Fruit Platter **vg pF** Assorted Fruit Juice Bottled Water Gourmet Coffee, Decaf and Hot Tea

### NEW YORKER \$14.69

Assorted Bagels **v** 

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion and Cream Cheese

Seasonal Fresh Fruit Platter **VG PF** Assorted Fruit Juice Bottled Water Gourmet Coffee, Decaf and Hot Tea

# À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam <b>v \$23.49 Per Dozen</b>	290-450 Cal each
Assorted Muffins Served with Butter and Jam <b>v</b> \$23.49 Per Dozen	380-490 Cal each
Assorted Scones Served with Butter and Jam <b>v</b> \$23.49 Per Dozen	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF \$3.39 Per Person	35 Cal/2.5 oz. serving
Assorted Yogurt Cups \$2.29 EACH	40-80 Cal each
Vegan Blueberry Banana Breakfast Bread <b>VG PF</b> \$14.99 SERVES 12	250 Cal slice

# **Breakfast**

### HOT BREAKFAST

All prices are per person and available for 15 guests or more. All appropriate condiments included.

#### **ULTIMATE BREAKFAST \$14.59**

Choice of Three (3) Breakfast Pastries: Assorted Danish v Assorted Muffins v Assorted Scones v Assorted Bagels **v** Buttery Croissants V Seasonal Fresh Fruit Platter VG PF Cage-Free Scrambled Eggs v Breakfast Potatoes Crisp Bacon Breakfast Sausage Cheddar and Onion Frittata v Pancakes v Maple Syrup VG Assorted Fruit Juice **Bottled Water** Gourmet Coffee, Decaf and Hot Tea

250-420 Cal each 380-490 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each 35 Cal/2.5 oz. serving 180 Cal/4 oz. serving 120-140 Cal/3 oz. serving 60 Cal each 120-180 Cal each 270 Cal each 50 Cal each 80 Cal/1 oz. serving 100-150 Cal/8 oz. serving O Cal each 0 Cal/8 oz. serving

#### **AMERICAN BREAKFAST \$11.69**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-
Assorted Muffins <b>v</b>	380-4
Assorted Scones <b>v</b>	400-4
Assorted Bagels <b>v</b>	290-4
Buttery Croissants <b>v</b>	
Breakfast Potatoes	120-140 Cal/
Crisp Bacon	
Breakfast Sausage	120-
Cage-Free Scrambled Eggs v	180 Cal/
Bottled Water	
Gourmet Coffee, Decaf and Hot Tea	0 Cal/

#### **TACOS FOR BREAKFAST \$12.79**

	75 0 1/0 5
Seasonal Fresh Fruit Platter <b>vg pf</b>	35 Cal/2.5 oz. serving
Flour Tortilla - 6" <b>vg</b>	90 Cal each
Corn Tortilla - 6" <b>vg</b>	35 Cal each
Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Bacon and Eggs Scramble	270 Cal/4 oz. serving
Sauteed Peppers and Onions <b>vg</b>	40 Cal/2 oz. serving
Shredded Cheddar Cheese <b>v</b>	110 Cal/1 oz. serving
Hashbrown Potatoes <b>v</b>	120 Cal/3 oz. serving
Guacamole <b>vg</b>	35 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Salsa Verde <b>vg</b>	5 Cal/1 oz. serving
Salsa Roja <b>vg</b>	10 Cal/1 oz. serving
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Sour Cream <b>v</b>	60 Cal/1 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. 420 Cal each

490 Cal each

440 Cal each

450 Cal each 370 Cal each

/3 oz. serving

60 Cal each

-180 Cal each

4 oz. serving

/8 oz. serving

0 Cal each



### **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 15 guests or more.

#### **YOGURT PARFAIT BAR \$7.69 PER PERSON**

Choice of Two (2) Yogurt Flavors: Greek Yogurt V Strawberry Yogurt v Vanilla Yogurt v Diced Pineapple VG PF Fresh Strawberries VG PF Walnuts vg Honey **v** Granola **v** 

60 Cal/4 oz. serving 80 Cal/4 oz. serving 80 Cal/4 oz. serving 30 Cal/2 oz. serving 20 Cal/2 oz. serving 100 Cal/0.5 oz. serving 50 Cal/0.5 oz. serving 110 Cal/1 oz. serving

#### **OATMEAL BAR \$5.39 PER PERSON**

Oatmeal <b>vg</b>	140 Cal/8 oz. serving
Honey <b>v</b>	50 Cal/0.5 oz. serving
Maple Syrup <b>vg</b>	80 Cal/1 oz. serving
Dried Cranberries <b>vg</b>	50 Cal/0.5 oz. serving
Raisins vg	40 Cal/0.5 oz. serving
Brown Sugar <b>vg</b>	50 Cal/0.5 oz. serving
Cinnamon Sugar <b>vg</b>	30 Cal/0.25 oz. serving
Walnuts vg	90 Cal/0.5 oz. serving

#### **OMELET STATION \$10.59**

Omelets cooked fresh to order with Eggs or Egg Whites and choice of Cheeses and Toppings. Attendant required, additional fees will apply.

Eggs v	180 Cal/4 oz. serving
Egg Whites <b>v</b>	45 Cal/4 oz. serving
Shredded Cheddar Cheese <b>v</b>	120 Cal/1 oz. serving
Crumbled Feta Cheese v	80 Cal/1 oz. serving
Crumbled Bacon	80 Cal/0.5 oz. serving
Diced Ham	70 Cal/2 oz. serving
Mushrooms VG EW PF	90 Cal/3 oz. serving
Tomatoes <b>vg</b>	5 Cal/1 oz. serving
Onions vg	10 Cal/0.5 oz. serving
Green Peppers vg	10 Cal/1 oz. serving
Spinach <b>vg</b>	15 Cal/2 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

\*All packages include necessary accompaniments and condiments.

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# **Sandwiches & Salads**

### CLASSIC COLLECTIONS

All prices are per person and available for 15 guests or more.

#### **DELI EXPRESS \$11.49**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Individual Bags of Chips <b>v</b>	100-160 Cal each
Assorted Baked Breads and Rolls <b>v</b>	110-230 Cal each
Deli Platter (Sliced Oven-Roasted Turkey, Sliced	Roast
Beef, Deli Ham and Choice of Tuna Salad, Egg Sa	alad,
Chicken Salad, or Hummus with Vegetables)	50-230 Cal/2-4.5 oz. serving
Cheese Tray (Cheddar and Swiss) v	110 Cal/1 oz. serving
Relish Tray (Lettuce, Tomato, Onion, Pickles,	
Pepperoncini) vg	10 Cal/1 oz. serving
Assorted Craveworthy <sup>®</sup> Cookies <b>v</b>	210-230 Cal each
Choice of Two (2) Beverages:	
Lemonade	80 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

#### PREMIUM BOX LUNCHES

#### Asian Grain Bowl with Chicken \$13.79

Chicken, Red Quinoa, Brown Rice, Kale, Garlic Broccoli, Edamame and Almonds with a Carrot Ginger Dressing EW PF 350 Cal/7.25 oz. serving Bakery-Fresh Roll with Butter v 35 Cal/2.5 oz. serving Fresh Fruit Cup VG PF Dessert Bar **v** 240-370 Cal each **Bottled Water** 

#### Steakhouse Chop Salad \$14.79

Grilled Beef Steak tossed with Blue Cheese. Vegetables and Romaine tossed with Dijon Vinaigrette Bakery-Fresh Roll with Butter **v** Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving 240-370 Cal each Dessert Bar v Bottled Water

Kale Quinoa Panzanella \$11.29

Quinoa, Grape Tomato, Red Onion, Kale, Spring Mix and Baguette Chips with a Sun-Dried Tomato Vinaigrette VG EW PF Bakery-Fresh Roll with Butter **v** Fresh Fruit Cup VG PF Dessert Bar v **Bottled Water** 

480 Cal/11.8 oz. serving 160 Cal each 35 Cal/2.5 oz. serving 240-370 Cal each O Cal each

160 Cal each

O Cal each

220 Cal each

160 Cal each

O Cal each

#### **CLASSIC BOX LUNCH \$11.49**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy<sup>®</sup> Cookies and Bottled Water

130-790 Cal each
100-160 Cal each
210-230 Cal each
0 Cal each

#### **CLASSIC SELECTIONS SANDWICH BUFFET \$11,49**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy® Cookies and Choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Dill Pickle Slices VG	5 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Classic Sandwiches	130-790 Cal each
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each
Choice of Two (2) Beverages:	
Lemonade	80 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread	410 Cal each
Roast Beef with Tarragon Horseradish Spread on Wheatberry Bread	450 Cal each
Deli Sliced Turkey and Swiss on Hearty Wheat Bread	520 Cal each
Chicken Caesar Wrap	630 Cal each
Portobello Banh Mi Sub with Pickled Veggies, Jalapeños and Vegan Sriracha Mayo <b>vg Ew Pf</b>	290 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

# **Sandwiches & Salads**

### **CLASSIC COLLECTIONS**

All prices are per person and available for 15 guests or more.

#### **THE EXECUTIVE LUNCHEON \$18.19**

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy® Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
Dill Pickle Slices vg	5 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy® Cookies v	210-230 Cal each
Choice of Two (2) Beverages:	
Lemonade	80 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread	720 Cal each
Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo	540 Cal each
Roast Beef, Caramelized Onion and Kale Ciabatta	440 Cal each
Creamy Chicken Salad Croissant with Fresh Dill	660 Cal each
Masala Hummus and Chicken Ciabatta with Sliced Cucumber, Arugula, Tomato, Pickled Red Onions, Indian Spiced Hummus and Cilpatto <b>Fu</b>	
Indian-Spiced Hummus and Cilantro Ew	500 Cal each
Granny Smith Apples and Brie with Fresh Baby Spinach on a French Baguette	500 Cal each 800 Cal each

#### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic	
Vinaigrette Dressing and Ranch <b>V EW PF</b>	45 Cal/3.5 oz. serving
Arugula Salad with Cauliflower and Beets EW PF	120 Cal/2.5 oz. serving
Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning <b>vg Ew</b>	120 Cal/4 oz. serving
	120 Culy 4 02. Serving
Chimichurri Potato Salad <b>vg</b>	120 Cal/3.5 oz. serving
Creamy Vegan Coleslaw <b>VG EW PF</b>	80 Cal/3 oz. serving
Fresh Fruit Salad <b>vg pf</b>	35 Cal/2.5 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives <b>v</b>	80 Cal/3 oz. serving
Spinden, i eta cheese and black Olives V	oo cay 5 oz. serving
Herbed Quinoa Side Salad <b>V PF</b>	110 Cal/3.5 oz. serving
White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a	
Balsamic Vinaigrette <b>VG EW PF</b>	80 Cal/3.25 oz. serving

\*All packages include necessary accompaniments and condiments.

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# **Buffets**

### **THEMED BUFFETS**

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### **CURRY AND SPICE \$25.19**

Kachumber Salad **vg Ew PF** Potato Samosa Lemon-Ginger Basmati Rice **vg** Sweet Potato Coconut Curry **vg PF** Butter Chicken Ginger-Spiced Rice Pudding **v** 

#### **GLOBAL STREET TACOS \$20.39**

**Tortilla Chips** Choice of Two (2) Salsas: Pico De Gallo VG Salsa Roja vg Salsa Verde VG Cumin Black Beans VG EW PF Choice of One (1) Rice: Cilantro Lime White Rice VG Cilantro Lime Brown Rice VGEW Mexican Rice **vg** Choice of Two (2) Tacos: Korean Pork Taco with Kimchi Korean Shrimp Taco with Crema Fresca and Shredded Slaw Spicy Fish Taco with Watermelon Salsa and Spicy Slaw Green Chili Chicken Taco Black Bean and Kale Taco VG EW PF Mango Chicken Taco EW Roasted Vegetable Taco VG EW PF Cinnamon Sugar Cookies **v** 

#### LAZY SUMMER BBQ \$23.09

Old-Fashioned Coleslaw **v Ew** Cornbread Fiesta Muffins **v** Baked Beans Macaroni and Cheese **v** Choice of Two (2) Entrees: BBQ Jackfruit **vg PF** BBQ Chicken Sliced Brisket Assorted Craveworthy\* Cookies **v**  35 Cal/3.9 oz. serving 180 Cal each 170 Cal/3.25 oz. serving 150 Cal/4 oz. serving 220 Cal/4 oz. serving 190 Cal/4.5 oz. serving

260 Cal/3 oz. serving

5 Cal/1 oz. serving 20 Cal/1 oz. serving 5 Cal/1 oz. serving 90 Cal/3 oz. serving

120 Cal/3 oz. serving 140 Cal/3.5 oz. serving 130 Cal/3 oz. serving

230 Cal each

210 Cal each

140 Cal each 220 Cal each 180 Cal each 270 Cal each 200 Cal each 250 Cal each

150 Cal/3 oz. serving 120 Cal each 160 Cal/4.75 oz. serving 250 Cal/4.25 oz. serving

> 120 Cal/3 oz. serving 380 Cal/6 oz. serving 340 Cal/5 oz. serving 210-230 Cal each





# THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### PASTA TRIO BUFFET \$20.99

Caesar Salad Garlic Breadsticks **v** Manicotti Marinara **v** Chicken and Broccoli Ravioli **ew** Rigatoni and Meat Balls Gourmet Dessert Bars **v** Add on Grilled Chicken Breast for an Additional Fee

#### ASIAN ACCENTS \$22.79

Peanut Lime Ramen Noodles v Egg Rolls Choice of Two (2) Dipping Sauces: Sweet Soy Sauce v Sweet and Sour Sauce vG Chili Garlic Sauce vG Choice of One (1) Rice: White Rice vG Vegetable Fried Rice v Steamed Brown Rice vG EW General Tso's Chicken General Tso's Tofu vG EW Teriyaki Salmon with Lemon Green Beans EW Fortune Cookies 230 Cal/3 oz. serving 180 Cal each

160 Cal/3 oz. serving

240 Cal/5.5 oz. serving

330 Cal/8.75 oz. serving

290 Cal/7.5 oz. serving

240-370 Cal each

110 Cal each

130 Cal each

50 Cal/1 oz. serving 35 Cal/1 oz. serving 110 Cal/1 oz. serving

130 Cal/3 oz. serving 130 Cal/3 oz. serving 110 Cal/2.75 oz. serving 370 Cal/8 oz. serving 120 Cal/3.6 oz. serving 140 Cal/3 oz. serving 20 Cal each

# Buffets

### THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### **HEARTLAND BUFFET \$22.79**

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette **EW** 

Bakery-Fresh Rolls with Butter **v** Roasted New Potatoes **vg** Eggplant Parmesan **PF** Fresh Herbed Vegetables **vg Ew PF** Grilled Lemon Rosemary Chicken **Ew** Oreo Blondies **v** 

#### POWER LUNCH \$19.39

Grilled Flatbread **vg** Seasonal Fresh Fruit Platter **vg PF** 

Choice of Three (3) Salad Platters: Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend **EW** 

Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa **EW** 

Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad **EW** 

Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing **EW** 

Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette **EW PF** 

Aquafaba Chocolate Mousse v

180 Cal/3.75 oz. serving

160 Cal each 110 Cal/2.75 oz. serving 340 Cal/7.7 oz. serving 100 Cal/3.5 oz. serving 130 Cal/4 oz. serving 270 Cal each

110 Cal each 35 Cal/2.25 oz. serving

440 Cal/14.5 oz. serving

340 Cal/16 oz. serving

530 Cal/11 oz. serving

510 Cal/11.9 oz. serving

310 Cal/6 oz. serving 250 Cal each

#### **MEDI EATS BUFFET \$20.99**

Israeli Couscous **vg ew pf** White Pita Flatbread **v** Whole Wheat Pita Flatbread **v** Roasted Eggplant **vg ew pf** Sautéed Spinach **vg ew pf** Choice of One (1) Chicken Entrée: Chicken Souvlaki Skewers Baked Paprikash Chicken **ew** Baked Falafel **v pf** Tzatziki **v** Cinnamon Custard **v**  120 Cal/3.5 oz. serving 240 Cal each 240 Cal each 100 Cal/3 oz. serving 60 Cal/3.25 oz. serving

190 Cal each 200 Cal/6 oz. serving 45-260 Cal each 15 Cal/1 oz. serving 110 Cal/2.75 oz. serving

\*All packages include necessary accompaniments and condiments.

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# **Buffets**

### **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

#### **BUFFET STARTERS**

and Ranch <b>V EW PF</b>	45 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta <b>v</b>	110 Cal/3.25 oz. serving
Italian Green Salad with Penne and Prosciutto	110 Cal/3.25 oz. serving
Autumn Vegetable Salad with Red Wine Vinaigrette <b>vg ew pf</b>	80 Cal/3 oz. serving
Mandarin Cranberry Salad <b>V EW PF</b>	190 Cal/4 oz. serving

#### **BUFFET ENTREES**

Asiago Chicken in a Roasted Red Pepper Sauce **\$24.09** 

Grilled Lemon Rosemary Chicken Ew \$20.99

Roasted Butterball\* Turkey with Cranberry Relish **\$20.99** 

Cranberry-Glazed Pork Roast \$20.99

Moroccan Grilled Salmon \$25.79

Asian Marinated Steak \$28.99

Quinoa Cake Topped with Tomato Chutney **VG PF \$23.79** 

300 Cal/5 oz. serving

130 Cal/3 oz. serving

200 Cal/3.5 oz. serving 220 Cal/3 oz. serving 130 Cal/2.75 oz. serving 190 Cal/3 oz. serving

280 Cal/4.25 oz. serving

#### **BUFFET SIDES**

Pan Roasted Vegetables **v PF** Italian Seasoned Green Beans **v Ew PF** Garlic Roasted Broccoli **vg Ew PF** Mushroom Farro **v PF** Buttermilk Mashed Potatoes **v** Oven-Roasted Fingerling Potatoes **v** Savory Herbed Rice **vg** 

BUFFET FINISHES

Bread Pudding with Caramel Apple Sauce v New York-Style Cheesecake Spiced Carrot Cake v Chocolate Cake v Glazed Strawberry Bars VG Dragon Fruit Chia Mango Parfait VG EW 45 Cal/3 oz. serving 40 Cal/3.25 oz. serving 40 Cal/1.76 oz. serving 170 Cal/4 oz. serving 120 Cal/3.75 oz. serving 130 Cal/3.5 oz. serving 150 Cal/3.5 oz. serving

360 Cal/6.75 oz. serving 440 Cal slice 350 Cal slice 320 Cal slice 380 Cal each 190 Cal each

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

# Receptions

# **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

### **RECEPTION HORS D'OEUVRES (HOT)**

Bacon Wrapped Scallops <b>\$24.79</b>	40 Cal each
Beef Satay \$23.79	35 Cal each
Chicken Empanadas \$18.99	70 Cal each
Chili-Lime Chicken Kabobs \$26.79	40 Cal each
Boneless Sweet 'n Spicy Wings \$24.59	150 Cal each
Spanakopita Mushrooms <b>v \$22.79</b>	30 Cal each
Balsamic Fig & Goat Cheese Flatbread \$22.79	80 Cal each
Assorted Mini Quiche \$22.09	100 Cal each
Buffalo Cauliflower Wings <b>VG EW PF \$19.79</b>	25 Cal/1.75 oz. serving

### **RECEPTION HORS D'OEUVRES (COLD)**

Tuna Poke Crisps <b>EW \$20.29</b>	80 Cal each
Goat Cheese and Beet Skewers v \$20.29	35 Cal each
Gazpacho Shooters VG EW PF \$19.39	30 Cal/2 oz. serving
Traditional Tomato Bruschetta Crostini vg \$19.99	50 Cal each
Chicken Cobb Tartines \$20.29	150 Cal each
Shrimp Cocktail MARKET PRICE	50 Cal each

# UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





# Receptions

# **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 15 guests or more.

#### **CLASSIC CHEESE TRAY \$3.89 PER PERSON**

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini **v** 

290 Cal/2.75 oz. serving

#### FRESH GARDEN CRUDITÉS \$3.09 PER PERSON

Fresh Garden Crudités with Ranch Dill Dip VPF

120 Cal/5 oz. serving

#### **SEASONAL FRESH FRUIT PLATTER \$3.39 PER PERSON**

Seasonal Fresh Fruit VG PF

35 Cal/2.5 oz. serving

### **ANTIPASTO PLATTER \$5.69 PER PERSON**

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

# 260 Cal/5 oz. serving

#### HOUSE-MADE SPINACH DIP \$3.09 PER PERSON

House-Made Spinach Dip served with Fresh Pita Chips  $\boldsymbol{v}$ 

230 Cal/2.25 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

# Receptions

# **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 15 guests or more.

#### DIM SUM \$12.89

Egg Rolls Pot Stickers Choice of Two (2) Dipping Sauces: Sweet Soy Sauce **v** Sweet and Sour Sauce **vG** Chili Garlic Sauce **vG** Sweet and Spicy Boneless Chicken Wings with Celery Sticks Assorted Dessert Bars **v**  180 Cal each 45 Cal each

50 Cal/1.25 oz. serving 35 Cal/1 oz. serving 110 Cal/1 oz. serving

230 Cal/2.25 oz. serving

560 Cal/6.75 oz. serving

390 Cal/6 oz. serving

210-230 Cal each

240-370 Cal each

150 Cal each 240-370 Cal each

180 Cal each

#### HAPPY HOUR \$17.49

Chilled Spinach Dip served with Pita Chips **v** Mini Cheesesteaks

Buffalo Chicken Tenders served with Blue Cheese Dip

Pretzels Bites with Beer Cheese **v** Assorted Craveworthy<sup>®</sup> Cookies **v** Assorted Dessert Bars **v** 

#### **GROWN UP MAC AND CHEESE \$13.89**

Chipotle Macaroni and Cheese V Choice of Three (3) Proteins: Grilled Chicken Breast Sautéed Shrimp Pulled Pork Diced Ham Roasted Mushrooms VG EW PF Peas VG EW PF Broccoli Bits VG EW PF Scallions VG 240 Cal/4 oz. serving

160 Cal/3 oz. serving 90 Cal/3 oz. serving 180 Cal/3.5 oz. serving 70 Cal/2 oz. serving 60 Cal/2 oz. serving 25 Cal/1 oz. serving 40 Cal/1.75 oz. serving 0 Cal/0.25 oz. serving

### BREAKS

All prices are per person and available for 15 guests or more.

#### **CHOCAHOLIC \$8.49**

Mini Candy Bars (4 each) **v** Chunky Chocolate Craveworthy<sup>®</sup> Cookies **v** Chocolate Dipped Pretzels **v** Chocolate Dipped Strawberries (2 each) **v** Chocolate Milk

45-80 Cal each 230 Cal each 120 Cal each 80 Cal each 160 Cal/8.75 oz. serving

#### THE HEALTHY ALTERNATIVE \$8.89

Apple <b>vg ew pf</b>	60 Cal each
Orange <b>vg ew pf</b>	45 Cal each
Banana <b>vg ew pf</b>	100 Cal each
Pear <b>vg</b>	90 Cal each
Yogurt Cup <b>v</b>	40-80 Cal each
Trail Mix <b>v</b>	280 Cal each
Granola Bars <b>v</b>	100-200 Cal each

#### **SNACK ATTACK \$7.19**

Assorted Individual Bags of Chips V Roasted Peanuts V Trail Mix V Assorted Craveworthy\* Cookies V Bakery-Fresh Brownies V

#### **BREADS AND SPREADS \$5.09**

Tortilla Chips Pita Chips V Crostini VG EW Choice of Four (4) Spreads: Korean Roja Guacamole VG PF Ginger Verde Guacamole VG EW PF Chilled Spinach Dip V Feta and Roasted Garlic Dip V Traditional Hummus VG PF Artichoke and Olive Dip V Seasonal Fresh Fruit Platter VG PF 100-160 Cal each 180 Cal/1 oz. serving 280 Cal each 210-230 Cal each 250 Cal each

260 Cal/3 oz. serving 130 Cal/2 oz. serving 40 Cal each

90 Cal/2 oz. serving 80 Cal/2 oz. serving 200 Cal/2 oz. serving 260 Cal/2 oz. serving 330 Cal/4.5 oz. serving 140 Cal/2 oz. serving 35 Cal/2.5 oz. serving



# **Beverages & Desserts**

### BEVERAGES

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with	
Assorted Tea Bags \$2.89 Per Person	0 Cal/8 oz. serving
Bottled Water \$1.89 EACH	0 Cal each
Assorted Sodas (Can) <b>\$1.89 EACH</b>	0-150 Cal each
Assorted Individual Fruit Juices \$2.29 EACH	100-150 Cal each
Sparkling Water <b>\$2.19 Еасн</b>	0 Cal each
Hot Chocolate \$23.09 Per Gallon	160 Cal/8 oz. serving
Iced Tea \$16.69 Per Gallon	0 Cal/8 oz. serving
Lemonade \$16.69 Per Gallon	80 Cal/8 oz. serving
Infused Water <b>\$12.09 Per GALLON</b> Choice of One (1) Fruit Infused Water: Lemon Infused Water Orange Infused Water Apple Infused Water Cucumber Infused Water Grapefruit Infused Water	0 Cal/8 oz. serving 10 Cal/8 oz. serving 20 Cal/8 oz. serving 10 Cal/8 oz. serving 10 Cal/8 oz. serving
Peach Mint Infused Lemonade \$19.29 PER GALLON	100 Cal/8 oz. serving
DESSERTS Assorted Craveworthy* Cookies v	210, 200, Cal analy
\$19.69 Per Dozen	210-280 Cal each
Bakery-fresh Brownies <b>v</b> \$22.69 Per Dozen	250 Cal each
Gourmet Dessert Bars v \$22.69 Per Dozen	240-370 Cal each
Custom Artisan Cupcakes <b>\$24.89 PER Dozen</b> Chocolate Cupcake with Fudge Icing <b>VG</b> Vanilla Cupcake <b>v</b> Bananas Foster Cupcake <b>v</b> Devil's Food Cupcake <b>v</b>	480 Cal each 380 Cal each 180 Cal each 380 Cal each
Vegan Peach-Banana Cake (Each) <b>vg</b>	

Vegan Peach-Banana Cake (Each) VG \$20.69 SERVES 8

300 Cal slice

### **ORDERING INFORMATION**

#### Lead Time

Notice of 3 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any guestions, please contact your catering manager directly.

#### Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

\*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

VG VEGAN V VEGETARIAN EW EAT WELL

PF PLANT FORWARD



### **Contact Us Today**

617.620.6881 mackool-jessica@aramark.com assumptioncatering.catertrax.com

Prices effective until 07/01/2025 Prices may be subject to change

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