






29-Oct
Harvest Moon Dinner

EVENTS

- 25-Aug It's great to see you! Table
- 24-Sep Meet the Baker
- 2-Oct Oktoberfest
- 22-Oct Soup Cookoff Under the Tent
- 31-Oct Halloween 
- 3-Nov Foodie Faves
- 19-Nov Friendsgiving - Thankful for you!
- 5-Dec 12 Days of Chocolate 
- 6-Dec Exam Cram - You've Got This! Snack Bike

BE WELL. DO WELL.

with Gabby McDonough MS, RD, LDN

- 4-Sep Meet the Dietitian
- 18-Sep Power Hour Q&A w/ Dietitian
- 25-Sep Blender Bike: Apple Cider "Fireball" Slushy 
- 30-Sep FYP365: Power Your Day
- 6-Oct #Take15 For Your Mental Health
- 30-Oct Teal Pumpkin Project x Trail Mix Bar
- 13-Nov 3 Truths & 1 Lie Nutrition Edition
- 20-Nov Build you own ONO
- 4-Dec Trash Your Insecurities



Chef Spotlight Events

- 15-Sep Hispanic Heritage Spotlight
- 17-Sep Hispanic Heritage Spotlight
- 7-Oct Disabilities Awareness Month
- 11-Oct National Coming Out Day
- 11-Nov Veterans Day

Kitchen 101 Cooking Classes

Chef led demos and classes

- 16-Sep National Guacamole Day Demo
- 10-Nov MYO S'mores
- 11-Dec Sushi Rolling Class

- 4-Oct National Taco Day
- 17-Oct National Pasta Day
- 1-Nov World Vegan Day
- 15-Nov National Spicy Guacamole Day
- 8-Dec National Cookie Day



Celebrate all the birthdays in this month

- 3-Sep
- 16-Oct
- 6-Nov
- 9-Dec



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